



The book was found

Summary Of The Book Of Joy By Dalai Lama, Desmond Tutu, And Douglas Carlton Abrams: Lasting Happiness In A Changing World

book(summary)

The Book of **JOY**

ORIGINAL AUTHORS

DOUGLAS ABRAMS

DALAI LAMA & DESMOND TUTU

(flash)books book summaries



Synopsis

Note: This is a book summary and not the original book. Original book description for The Book of Joy: Lasting Happiness in a Changing World: Two spiritual giants. Five days. One timeless question. Nobel Peace Prize Laureates His Holiness the Dalai Lama and Archbishop Desmond Tutu have survived more than 50 years of exile and the soul-crushing violence of oppression. Despite their hardships - or, as they would say, because of them - they are two of the most joyful people on the planet. In April 2015, Archbishop Tutu traveled to the Dalai Lama's home in Dharamsala, India, to celebrate His Holiness's 80th birthday and to create what they hoped would be a gift for others. They looked back on their long lives to answer a single burning question: How do we find joy in the face of life's inevitable suffering? They traded intimate stories, teased each other continually, and shared their spiritual practices. By the end of a week filled with laughter and punctuated with tears, these two global heroes had stared into the abyss and despair of our time and revealed how to live a life brimming with joy. This book offers us a rare opportunity to experience their astonishing and unprecedented week together, from the first embrace to the final goodbye.

Book Information

Audible Audio Edition

Listening Length: 27 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: FlashBooks

Audible.com Release Date: March 17, 2017

Language: English

ASIN: B06XP1NNZW

Best Sellers Rank: #32 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Dalai Lama #159 in Books > Audible Audiobooks > Nonfiction > Study Aids #199 in Books > Audible Audiobooks > Religion & Spirituality > Buddhism & Eastern Religions

Customer Reviews

great book

[Download to continue reading...](#)

Summary of The Book of Joy by Dalai Lama, Desmond Tutu, and Douglas Carlton Abrams: Lasting Happiness in a Changing World Witness: A Lawyer's Journey from Litigation to Liberation, with a

Little Help from Nelson Mandela, Archbishop Desmond Tutu, the Dalai Lama, and the ... Cuba and North Korea (The humanKIND Project) The Dalai Lama : The Best Teachings of The Dalai Lama, Journey to a Happy, Fulfilling and Meaningful Life ! The Dalai Lama: Foreword by His Holiness The Dalai Lama Summary - The Invention Of Wings: Novel By Sue Monk Kidd --- An Incredible Summary (The Invention Of Wings: An Incredible Summary-- Paperback, Hardcover, Summary, Audible, Novel, Audiobook Book 1) The Book of Joy: Lasting Happiness in a Changing World The Book of Joy: Lasting Happiness in a Changing World (Random House Large Print) The Dalai Lama: Spiritual Leader of the Tibetan People (Making a Difference: Leaders Who Are Changing the World) BUDDHISM: 50 Buddhist Teachings For Happiness, Spiritual Healing, And Enlightenment (Buddhism For Beginners, New Age Meditation, Dalai Lama, Zen Buddhism, Spiritual Guide, Stress Free, Dharma) BUDDHISM: for Beginners! From Dummies to Expert. Beginners Guide for Learning the Basics of Buddhism (Zen, Meditation, Dalai Lama, Yoga, Buddha, Dharma, Happiness) Summary - Creativity, Inc.: By Ed Catmull - Overcoming the Unseen Forces That Stand in the Way of True Inspiration (Creativity, Inc: A Complete Summary ... Book, Paperback,Hardcover, Summary Book 1) Summary of Evicted: by Michael Desmond | Includes Analysis Summary - Circling the Sun: By Paula McLain - A Detailed Summary (Circling The Sun: A Detailed Summary---Paperback, Ebook, Novel, Audiobook, Audible, Hardcover) A Force for Good: The Dalai Lama's Vision for Our World The Dalai Lama Book of Quotes: A Collection of Speeches, Quotations, Essays and Advice from His Holiness (Little Book. Big Idea.) Douglas Dc-9 and McDonnell Douglas Md-80 (Air Portfolios 3) Stop Negative Thinking in 7 Easy Steps (Understanding Eckhart Tolle, Dalai Lama, Krishnamurti, Ramana Maharshi and more!): Easy Training to Beat Depression! (The Secret of Now Book 6) Living in The Now in Easy Steps (Understanding Eckhart Tolle, Dalai Lama, Krishnamurti, Meister Eckhart and more!): 7 Lessons & Exercises to Stop Your ... Live in the Now (The Secret of Now Book 1) Meditation in 7 Easy Steps (7 Easy Lessons & Exercises For Beginners!): Understanding the Teachings of Eckhart Tolle, Dalai Lama, Krishnamurti, Maharishi ... Yogi and more! (The Secret of Now Book 5) The Dalai Lama's Book of Love and Compassion

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)